



UTERINE ARTERY EMBOLIZATION

SEDATION

- If you received sedation, the sedation you received during your procedure is still in your system.

Therefore, we would like you to take it easy the rest of the day and evening. Do not drive and avoid drinking alcohol.

ACTIVITY

- You may resume your regular activities, including driving in 24 hours, unless you have been restricted for another reason.
- No exercising, lifting heavy objects or strenuous activity for the next 2 weeks.
- You may shower as usual, but do not soak the puncture site for 5 days.
- No sexual activity for 2 weeks.

SYMPTOM MANAGEMENT

- You may use over the counter medications such as Ibuprofen (Advil or Motrin) for minor discomfort, if you are not otherwise restricted from taking these medicines.
- If you experience nausea; Compazine 25 mg rectal suppository every 12 hours as needed.
- Please take prescribed pain medication as directed.
- Pain medication may cause constipation, over the counter medications can be used (Colace, Metamucil, Milk of Magnesia, Dulcolax).

WHAT TO EXPECT AFTER THE PROCEDURE

- Moderate pelvic discomfort for 1-2 weeks after the procedure. Some mild discomfort may be present for a month or more. A small amount of vaginal discharge is expected.
- Low grade temperature (less than 100 degrees F) for 2-3 days.
- General tired feeling for 1-2 weeks.

FOLLOW UP CARE

- Call your gynecologist for a follow up appointment in the next 2-4 weeks. You will be notified of a follow up appointment with the radiologist in 6-12 months, at that time you will have an MRI.

WHEN TO CALL

- Fever greater than 101.5 or chills, increasing lower abdominal pain, a large amount of vaginal drainage, and/or foul smelling drainage.

For questions, please call your dialysis doctor or surgeon. You may also call Radiology Associates of Venice at 942-488-7781 and ask for the Interventional Radiology Department.